



**The Seven-fold Supplication  
Before the Sacred Heart**

# **The Seven-fold Supplication Before the Sacred Heart**

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## **Blessing of this Publication**

With prayerful goodwill, this work is commended to the faithful for their spiritual benefit. May all who use it be strengthened in faith, restored in hope, and deepened in charity through the grace of Our Lord Jesus Christ.

May Almighty God bless all who pray these devotions, the Father, and the Son, and the Holy Spirit. Amen.

*Rev. Fr. Hieromonk Charles*

7 November 2025

## Preface

Devotion to the Sacred Heart of Our Lord Jesus Christ has long been a witness to the immeasurable love of God revealed in the Incarnate Word. From the wound opened at His side flows the mercy that overcomes sin, heals human frailty, and restores those who turn to Him with faith. Across the centuries, the faithful have approached this Heart as a source of strength, truth, and consolation.

Because the world in which we live is marked by darkness, corruption, division, and diminishing reverence for holy things, the Church is called anew to make reparation for offenses committed against the Most Holy Eucharist, to defend the dignity of the Holy Name, and to pray earnestly for the sanctification of clergy and laity alike. This short collection of prayers, arranged for each day of the week, is offered as a simple aid to those who wish to unite their petitions with the enduring intercession of Christ, who ever lives to plead for His people.

The prayers also draw attention to several urgent needs of our time; for example, the strengthening of Christian family life, the protection of the unborn and the promotion of a culture that respects every human life, the renewal of sound catechesis, and the sincere pursuit of unity between the Orthodox and Catholic Churches. They acknowledge, too, the quiet and often hidden witness of hermits, anchorites, and solitaries in both East and West, whose lives of prayer provide spiritual support to the whole Church.

It is hoped that these prayers will serve clergy, religious, hermits, families, and all members of the faithful who seek a

deeper relationship with the Sacred Heart of Jesus. May those who use this work find in it encouragement in times of difficulty, clarity in moments of doubt, and renewed dedication to holiness. May the grace of Christ, flowing from His Sacred Heart, bring healing to the Church, strengthen her unity, and grant peace to all who seek Him with sincerity.

May His Sacred Heart guide and sustain us now and always.

*Brother Joseph*  
February 3, 2024

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## Dedication

This collection of prayers is dedicated to the Sacred Heart of Our Lord Jesus Christ, in thanksgiving for His unfailing love and in reparation for the offenses committed against His Most Holy Eucharist and His Holy Name.

It is offered for the strengthening of the Church, for the sanctification of her clergy and faithful, and for the renewal of sound teaching within every parish and family. It is also dedicated to all who labor quietly in prayer—monastics, hermits, anchorites, and solitaries of East and West—whose fidelity sustains the life of the Church in ways often unseen.

May these prayers serve the unity of the Orthodox and Catholic Churches, the protection of human life, the healing of families, and the deepening of Christian discipleship.

To the Sacred Heart of Jesus be glory, now and always.

## **How to Use These Prayers Throughout the Week**

This collection provides a structured pattern of prayer for each day of the week, centered on devotion to the Sacred Heart of Jesus and grounded in the needs of the Church and the world. The prayers may be used privately or in a communal setting, and they may be incorporated into one's daily spiritual routine, the Divine Office, Eucharistic devotions, or parish gatherings.

Each day's prayer highlights particular intentions, while maintaining the constant themes of reparation, intercession, and unity. The sequence begins on Sunday, reflecting the Resurrection and the renewal of Christian life, and continues through the week, addressing reverence for the Eucharist, the sanctity of family life, the responsibilities of clergy and catechists, the protection of the unborn, and the healing of divisions within the Church. Friday's prayer is especially suited for Eucharistic Adoration, while Saturday's prayer expresses thanksgiving for the Blessed Virgin Mary, the Mother of our Lord.

The prayers may be recited as written, or they may serve as a guide for deeper meditation and silent reflection. They can be said individually, as a household, or within a parish, hermitage, or small devotional group. Those living a more contemplative or eremitical life may find the weekly rhythm particularly helpful in structuring their intercessory prayer.

However these prayers are used, they are intended to draw the faithful more deeply into the love of the Sacred Heart, to encourage a spirit of reparation, and to strengthen the unity of all Christians in Christ.

## Prayer for Sunday

### *In Honour of the Sacred Heart of Our Lord Jesus Christ*

In the name of the Father, and of the Son, and of the Holy Spirit.

O Lord Jesus Christ, Only-Begotten Son of the Father, we bow before Thy Sacred Heart, wounded for our iniquities and overflowing with the fire of divine charity. We adore Thee, we bless Thee, and we offer unto Thee the homage of our whole being; for Thou alone art holy, Thou alone art the Redeemer of mankind, Thou alone dost reign in heaven and in earth with unwaning might.

Look graciously, we beseech Thee, upon Thy Church, purchased by Thine own Blood. Strengthen her in holiness, safeguard her in truth, and grant unto her ministers steadfast courage, purity of life, and fidelity to all that Thou hast entrusted to their care. Kindle within the hearts of those who teach the Faith a love for sound doctrine, that Thy people may be nourished by wholesome catechesis and delivered from all error and confusion.

In union with the angels who veil their faces before Thy glory, we make reparation for every sin committed against Thy Most Holy Eucharist: for irreverence, for neglect, for sacrilege, and for the coldness of many hearts. Accept, we pray Thee, our sorrow for every blasphemy uttered against Thy holy Name, every word that wounds Thy majesty, and every bold denial of Thy truth. Let Thy mercy triumph over sin, and let Thy Sacred Heart be glorified in the repentance of souls.

Remember, O Lord, the little ones fashioned by Thine own hand. Turn aside the evil of abortion, soften the hearts of those who counsel death, and raise up among Thy people defenders of life who shall speak with wisdom and compassion. Grant that all may behold in every child, born and unborn, the living image of God.

Inflame us, O King of Love, with the zeal of Thy Sacred Heart. Grant us humility in service, steadfastness in prayer, and charity towards all. Draw us ever nearer to Thy pierced Heart, that we may dwell therein, and there find healing, strength, and peace.

For to Thee be honour, praise, and adoration, now and ever, and unto ages of ages.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.



## Prayer for Monday

### *In Reparation to the Sacred Heart of Jesus*

In the name of the Father, and of the Son, and of the Holy Spirit.

O Lord Jesus Christ, whose Sacred Heart is the fountain of mercy and the stronghold of all who trust in Thee, look favourably upon Thy servants gathered this day throughout the world in reverence and supplication. Thou knowest our frailty, our wounds, and our sins; yet Thou dost love us with an everlasting love, and dost call us to draw near unto Thy Heart, wherein justice and compassion meet.

We beseech Thee, O Divine Master, to forgive the offences committed against Thy Most Holy Eucharist. For every cold reception, for every careless approach, for every wilful neglect of Thy Real Presence, we offer Thee our contrite hearts. May our sorrow, joined to Thine eternal sacrifice, ascend before Thee as an offering of reparation. Purify Thy Church, O Lord, and make her worthy to bear so august a Mystery.

Look also with pity upon the countless blasphemies spoken against Thy holy Name. For words uttered in scorn, for mockery of Thy truth, for the refusal to acknowledge Thee as Lord, we implore Thy mercy. Grant that Thy Name may once more be held in honour throughout the world, and that every tongue may confess Thee with reverence and love.

Strengthen, we pray Thee, Thy Church in this pilgrim age. Guard her shepherds from error, from weariness, and from the assaults of the evil one. Bestow upon them the grace to preach with

clarity, to teach with conviction, and to serve with purity of heart. Raise up among Thy faithful instructors well-trained in doctrine, steadfast in virtue, and zealous for the sacred task of catechesis.

O Lord of life, deliver the world from the sin of abortion. Convert the hearts of those who promote it, console those wounded by it, and awaken in all peoples a renewed awe before the mystery of human life. Let justice and compassion guide all who hold public authority, that the weak and the innocent may be shielded from harm.

Grant unto us, O Christ, the grace to live this day in fidelity to Thy Sacred Heart. Make our thoughts pure, our actions upright, and our words gentle. Let love guide all our dealings, and let Thy peace reign within our souls. May we abide ever closer to Thy Heart, and therein find the strength to persevere.

For Thou livest and reignest with the Father and the Holy Ghost, one God, world without end.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

## Prayer for Tuesday

### *In Honour of the Sacred Heart and for the Renewal of the Holy Church*

In the name of the Father, and of the Son, and of the Holy Spirit.

O Lord Jesus Christ, whose Sacred Heart burneth with unquenchable charity for the salvation of mankind, we draw nigh unto Thee with reverence and lowliness of spirit. Thou art our Shepherd and our King, the true Light that shineth in darkness, the unfailing Refuge of all who call upon Thy Name. Receive our prayer, offered this day in contrition and hope.

We acknowledge before Thee the grievous sins and irreverences committed against Thy Most Holy Eucharist. For sacrilege done through carelessness or contempt, for coldness of heart in Thy very presence, for unworthy approaches to Thy sacred Mysteries, we make humble reparation. Cleanse Thy Church, we beseech Thee, and restore in all the faithful a trembling awe before the Bread of Angels.

We lament also, O Lord, the blasphemies spoken against Thy holy Name. For mockery of sacred things, for rash oaths and irreverent speech, for the many ways in which Thy glory is obscured in public and private life, we implore Thy mercy. Let Thy Name, once profaned, be proclaimed anew with honour, love, and fidelity.

Strengthen, O Christ, the pastors of Thy Church. Guard their minds from error, keep their hearts pure, and grant their labours fruitfulness. Inspire them with courage to preach the

whole truth, to defend the weak, and to shepherd Thy flock with wisdom. Raise up among Thy faithful men and women gifted in catechesis, steadfast in doctrine, and faithful in witness, that Thy people may be well instructed and firmly rooted in the Faith.

Look with tenderness and power upon the little ones endangered by the sin of abortion. Protect the unborn, comfort the afflicted, and convert the hearts of those who do harm. Stir the conscience of nations, that life may be cherished from its first moment until its natural close, and that justice and compassion may govern the actions of all who hold authority.

O Sacred Heart of Jesus, inflame us with the fire of Thy divine charity. Subdue our pride, heal our wounds, and strengthen our resolve to do Thy will. Grant us perseverance in prayer, purity in conduct, and charity in all our dealings. May our hearts be fashioned after Thine, obedient, steadfast, and merciful.

For Thou art Lord of all, and to Thee be glory, now and ever, and unto the ages of ages.

In the name of the Father, and of the Son, and of the Holy Spirit.  
Amen.

## Prayer for Wednesday

*For the Sacred Heart, the Unity of Families,  
and the Reunion of the Churches*

In the name of the Father, and of the Son, and of the Holy Spirit.

O Lord Jesus Christ, whose Sacred Heart is the inexhaustible treasury of compassion and truth, we come before Thee on this midweek day with reverence and hope. Thou art the Cornerstone rejected by men yet chosen and precious before God; Thou art the Vine from whom all branches draw life; Thou art the Prince of Peace, who alone can calm the storms that trouble Thy people. Hear us as we kneel before Thy Sacred Heart, seeking mercy, strength, and unity.

We offer Thee reparation for the sins wrought against Thy Most Holy Eucharist. For irreverence, for unbelief, for careless reception, and for every sacrilege that wounds Thy divine love, accept our contrite plea. May Thy Church be filled anew with holy fear, deep devotion, and an unshakeable awareness of Thy real and abiding Presence in the Sacrament of the Altar.

We beg Thee also to forgive the blasphemies hurled against Thy holy Name. Where Thy majesty hath been mocked, where sacred truths have been scorned, where souls have spoken thoughtlessly or in hardened rebellion, let Thy mercy triumph. Restore honour to Thy Name, O Lord, throughout the nations, that many hearts may bend low in adoration and rise again in grace.

Look graciously, O Christ, upon the families of Thy people. Unite husbands and wives in faithful love; strengthen parents in patience and holy duty; guard children from harm and lead them in the way of righteousness. Heal divisions within households, soften hardened hearts, and let Thy peace reign in every dwelling. Let the home be once more a small church, built upon prayer, charity, and the fear of God.

Grant also, we beseech Thee, the grace of unity to Thy Holy Church. Remove the bitterness of past wounds, calm the storms of mistrust, and banish the errors that foster division. Draw together the Orthodox and Catholic Churches in genuine fidelity to the Apostolic Faith, that with one voice and one heart we may glorify Thee, the one Lord and Saviour. Send forth Thy Spirit to illumine minds, purify intentions, and lead all the faithful into the unity for which Thou didst pray on the night before Thy Passion, "that they all may be one."

Strengthen, O Lord, the ministers of Thy Church in both East and West. Keep them steadfast in doctrine, courageous in holiness, and undefiled in charity. Raise up catechists who teach with clarity and conviction, that Thy people may be nourished by the full truth of the Faith.

Have mercy upon the unborn and upon every threatened life. Turn the world away from the evil of abortion; convert the hearts of those who condone it; comfort those wounded by it; and raise up defenders of life who speak with wisdom and compassion.

O Sacred Heart of Jesus, gather us beneath Thy sheltering love. Heal us where we are broken, bind us where we are divided, and

fill us where we are empty. Let Thy peace, which the world cannot give, abide in our souls, our families, and Thy Holy Church.

For Thou art the Lord of mercy and the King of all ages, and to Thee be glory now and ever.

In the name of the Father, and of the Son, and of the Holy Spirit.  
Amen.

## Prayer for Thursday

*For the Sacred Heart, the Sanctification of Hermits,  
and the Strengthening of Holy Church*

In the name of the Father, and of the Son, and of the Holy Spirit.

O Lord Jesus Christ, whose Sacred Heart ever burneth with love for Thy people, we come before Thee on this day in humility and devotion. Thou art our Refuge in every trial, our Hope in every sorrow, and the everlasting Light that shineth upon all who seek Thee. With reverent hearts we lift our supplication unto Thee.

We offer Thee reparation for the sins committed against Thy Most Holy Eucharist. For coldness of heart, for careless reception, for irreverent treatment of Thy divine Mysteries, and for every wound inflicted upon Thy Real Presence, we present our sorrow and plead Thy mercy. Renew within Thy Church a deeper awe before the Sacrament of Thy Body and Blood, that every soul may recognise the splendour that dwelleth upon the altar.

We implore forgiveness also for the blasphemies spoken against Thy holy Name. Where Thou art mocked, heal; where Thou art dishonoured, restore; where hearts have grown hardened in unbelief, soften them by the fire of Thy grace. May Thy Name be hallowed in every land, every home, every heart.

Strengthen, we beseech Thee, Thy ministers in both East and West. Guard their minds from error, steady their wills in virtue, and inflame their hearts with pastoral charity. Raise up



catechists who teach with clarity and fidelity, that Thy faithful may be rooted firmly in the Apostolic Faith.

Look favourably, O Christ, upon all whom Thou callest to the eremitical life. Grant unto them proper discernment, that none may mistake mere solitude for holy vocation, nor confuse passing desire with Thy true summons. Bless diocesan hermits, anchorites, monastic solitaries, and all who, according to the venerable traditions of East and West, withdraw from the world to live in silence, prayer, sacrifice, and humility. Strengthen them to stand as pillars of intercession for Thy Church, for families, for parishes, and for every diocese wherein they dwell. Let their hidden lives, offered wholly unto Thee, be a fragrance pleasing in Thy sight.

Kindle within these servants of solitude the living flame of Thy Sacred Heart. Let that fire purify their thoughts, sustain their vigils, deepen their charity, and uphold them in perseverance. Grant that their dwellings, whether cell, poustinia, hermitage, or anchorhold, may become places where heaven and earth meet, where Thy mercy descendeth upon Thy people through their ceaseless prayer.

Have mercy also, O Lord, upon the unborn and upon all whose lives are imperilled. Turn the nations away from the evil of abortion; guide the hearts of leaders, parents, and physicians; and raise up defenders of life who speak with wisdom, compassion, and courage.

O Sacred Heart of Jesus, shelter us beneath Thy love. Strengthen Thy Church, heal Thy people, unite Thy divided flock, and sanctify all who seek Thee with sincerity of heart. Let Thy peace

reign in our souls, our homes, our parishes, and upon all the earth.

For Thou livest and reignest with the Father and the Holy Ghost, one God, world without end.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

## Prayer for Friday

### *Before the Eucharistic Heart of Jesus*

In the name of the Father, and of the Son, and of the Holy Spirit.

O Lord Jesus Christ, true God and true Man, who dwellest in the Most Holy Eucharist with unbroken fidelity and undiminished love, we fall down before Thee on this solemn day. In the silence wherein Thou dost hide Thy glory beneath the sacramental veils, we behold the majesty of Thy mercy and the tenderness of Thy Sacred Heart. Receive, we pray Thee, our adoration, our contrition, and our longing for union with Thee.

We make reparation unto Thee for every sin committed against Thy Sacred Body and Precious Blood. For sacrilege and neglect, for irreverent reception, for coldness in Thy presence, and for the countless offences of indifferent hearts, accept our sorrow. Let the fire that burneth within Thy Heart cleanse the world of its ingratitude and awaken multitudes to the splendour of Thy Eucharistic love.

We lament the blasphemies uttered against Thy holy Name, O Lord. Where Thou hast been mocked, be Thou glorified; where Thy truth hath been denied, be Thou confessed; where souls have rejected Thee, let Thy grace return in power. May Thy Name be praised with reverence in every land, upon every tongue, and within every generation.

Strengthen Thy Church, O Christ, especially Thy bishops, priests, and deacons. Grant unto them purity of intention, courage in trial, and fidelity in doctrine. Pour forth Thy grace upon

catechists, teachers, and all who labour to instruct Thy faithful. Let truth be spoken with clarity, let error be dispelled, and let Thy people be formed in holiness.

Grant peace, unity, and fidelity to the families of Thy people. Sanctify husbands and wives, guard children from harm, and bind households together in charity. Let domestic life be strengthened through prayer, forgiveness, and steadfast faith.

Look graciously upon all called to the eremitical life. As they kneel before Thy Eucharistic Presence, sustain their hidden labours of intercession. Let their solitude become a citadel of prayer for the Church, for families, and for the whole world. Kindle within them the fire of Thy Sacred Heart, that their vigils and sacrifices may bear fruit for the salvation of souls. Have mercy, O Lord, upon the little ones yet unborn. Deliver the nations from the cruelty of abortion. Heal wounded hearts, convert those in error, and guide all leaders to defend the dignity of human life. Let Thy grace shine forth where darkness hath prevailed.

O Eucharistic King, make our hearts Thine own. Draw us close to Thee in silent adoration, purify our intentions, strengthen our wills, and inflame our charity. May we live from this Holy Sacrament, be guided by Thy truth, and find rest within Thy pierced Heart.

For Thou livest and reignest with the Father and the Holy Ghost, one God, world without end.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

## Prayer for Saturday

*In Thanksgiving for the Mother of Our Lord  
and in Honour of the Sacred Heart*

In the name of the Father, and of the Son, and of the Holy Spirit.

O Lord Jesus Christ, King of Love and Shepherd of souls, we praise Thee on this day which closeth the week, offering unto Thy Sacred Heart our worship, our contrition, and our thanksgiving. Thou art the brightness of the Father's glory and the Word made flesh, who hast deigned to dwell among us for our salvation. With reverent hearts we come before Thee to render thanks for the blessed gifts Thou hast bestowed upon Thy Church.

We give Thee especial thanks, O Lord, for Thy most holy Mother, the Virgin Mary. In her Thou hast wrought wondrous things. Thou hast chosen her from all generations to bear Thee in her womb, to nurse Thee, to guard Thee, and to stand faithful beneath Thy Cross. In her obedience Thou hast found delight; in her purity Thou hast revealed Thy grace; in her faith the nations behold the dawn of redemption. For so great a gift, O Christ, we magnify Thy mercy and bless Thy holy Name.

We offer reparation unto Thee for the sins committed against Thy Most Holy Eucharist. For irreverence, for desecration, for unbelief, and for every cold approach to Thy divine Mysteries, we plead Thy mercy. Grant that, through the intercession of Thy Mother, Thy Church may awaken anew to the splendour of Thy Presence and worship Thee with a pure heart and a steadfast will.

We implore forgiveness, too, for the blasphemies spoken against Thy holy Name. May every insult be healed by Thy compassion, every denial overcome by Thy grace, every hardened heart softened by the fire of Thy Sacred Heart. Let Thy Name be glorified from the rising of the sun unto its setting.

Strengthen Thy Holy Church in all her members. Guard the pastors of East and West with wisdom and virtue; preserve them from error and recall them from all temptation. Bless catechists, teachers, and all who impart the sacred doctrine, that the faithful may be formed in truth and bear good fruit in their lives.

Look with tenderness upon the families of Thy people. Unite them in charity, purify them in holiness, and sustain them in all adversity. Through the prayers of Thy Mother, heal divisions, restore hope, and cause Thy peace to dwell within every Christian home.

Bless also, O Lord, those called to the eremitical life. Through the example of Thy Mother's quiet fidelity, grant them steadfastness in solitude, purity in contemplation, and perseverance in prayer. Let them stand as hidden pillars supporting Thy Church, their hearts aflame with the fire of Thy Sacred Heart.

Have mercy upon the unborn and protect all whose lives are endangered. Turn the nations from the evil of abortion, heal those burdened by sorrow, and stir the conscience of all who wield authority, that life may be cherished and defended.

O Jesus, Son of Mary, we render Thee thanks for the week now past and beseech Thee for grace in the days to come. Keep us faithful to Thy Sacred Heart; let Thy mercy guide our steps; and through the prayers of Thy Mother bring us at last to everlasting life.

For Thou livest and reignest with the Father and the Holy Ghost, one God, world without end.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

## **ADDITIONAL PRAYERS**

### **Prayer to the Sacred Heart of Jesus**

O Lord Jesus Christ, whose Sacred Heart is the wellspring of mercy and the fountain of all holiness, look graciously upon the prayers we have lifted before Thee throughout this week. Strengthen us in faith, enlarge within us the gift of charity, and guide our steps in all our undertakings. Be Thou our refuge in every trial, our consolation in every sorrow, and our joy in every blessing. Grant that we may ever walk according to Thy holy will and bear faithful witness to Thy love in the world. Amen.

### **Prayer for the Holy Church**

O God, Shepherd and Guardian of Thy flock, look mercifully upon Thy Holy Church in every land. Protect her from all error, sustain her in purity and holiness, and unite her in truth and charity. Strengthen her clergy, encourage her faithful, and raise up servants who shall teach and live the Gospel with zeal and devotion. Grant peace and concord unto the Orthodox and Catholic Churches, that with one heart and one voice we may glorify Christ our Lord. Amen.

### **Prayer for Families and the Defence of Life**

Heavenly Father, from whose love all life doth spring, bless our families with fidelity, patience, and peace. Guard the innocence of children, guide parents in their sacred duties, and heal all divisions within the home. Protect the unborn, and stir the hearts of all people to uphold the dignity of human life from its first moment unto its natural end. Amen.



### **Prayer for Those Called to the Eremitical Life**

O Lord Jesus, who didst seek the solitude of the desert to commune with the Father, look kindly upon all who are called to the eremitical and contemplative life. Strengthen their vocation, purify their intentions, and enkindle within them the fire of Thy love. May their hidden prayer uphold Thy Church, may their silence give glory unto Thy Name, and may their steadfastness bring grace and blessing to the world. Amen.

### **Prayer for Perseverance in Holiness**

Grant unto us, O Lord, steadfast hearts and faithful spirits. Strengthen us to persevere in prayer, to resist all temptation, and to walk in the ways of righteousness and peace. May the grace sought throughout this week bear fruit in our deeds, and may the light of Christ shine forth in all our words and actions. Amen.

### **Prayer of Thanksgiving for Graces Received**

O most merciful Lord, we give Thee humble thanks for every grace bestowed during this week of prayer. For strength given, for light bestowed, for sins forgiven, and for hope renewed, we praise Thy holy Name. Keep ever before us the memory of Thy mercies; grant that we may not grow weary in devotion; and lead us onward in steadfast love, until at last we behold Thee face to face in Thine eternal Kingdom. Amen.

## **Blessing**

May the Sacred Heart of Jesus bless, protect, and guide all who pray these devotions.

May the love of the Father encompass us, the peace of Christ uphold us, and the light of the Holy Ghost lead us in every good work. Amen.

