

# **Trusting in God**

*A Ten-Day Scripture Meditation*

## **INTRODUCTION**

All of the passages referenced in this meditation share a common theme of trust and faith in God. Each passage points to the importance of relying on God's guidance and protection and encourages believers to trust in God's provision, strength, and faithfulness. They also remind us of the peace, hope, and joy that come from trusting in God and warn against the dangers of relying too heavily on worldly possessions or human wisdom.

Another common thread among these passages is the importance of seeking God's Will and following His ways.

These passages offer encouragement and hope for those who seek to live a life of faith and trust in God. They remind us of the importance of seeking God's Will and following His ways and offer assurance that by trusting in Him, we can experience peace, hope, and joy, even in the midst of life's challenges.

May God bless you +

Fr. Charles

<https://frcharles.com/>

## **DAY 1**

*“Have confidence in the Lord with all your heart, and do not depend upon your own prudence.*

*In all your ways, consider him, and he himself will direct your steps.” (Proverbs 3:5-6)*

This is a well-known passage that speaks to the importance of trusting in God.

The passage is urging us to have complete trust in God and not rely on our own understanding or knowledge. It is a call to submit our ways to God and to trust in His wisdom and guidance, even if we do not always understand His plans.

The promise of the passage is that if we trust in God and submit to Him, He will make our paths straight. This means that He will lead us down the right path, guide us in making wise decisions, and help us avoid the pitfalls and obstacles that could derail us. Ultimately, the passage is a call to put our faith in God and to trust that He knows what is best for us, even when we do not.

## DAY 2

*“Commit your way to the Lord, and hope in him, and he will accomplish it.” (Psalm 36:5; 37:5 in others)*

The Psalmist encourages us to trust in God and commit our ways to Him. To commit our ways means surrendering our plans, desires, and goals to God and trusting that He will guide us in the right direction. When we commit our ways to God, we acknowledge that He is in control and we depend on Him to lead us.

The verse promises that if we trust in God and commit our ways to Him, He will reward us in righteousness. Our righteous reward will shine like the dawn, which symbolises a new beginning and a fresh start. Our vindication, or the act of being cleared of blame or suspicion, will shine like the noonday sun, which represents the brightness and warmth of God’s love and approval.

In essence, this verse is a reminder that if we trust in God and commit our ways to Him, He will bless us with His righteousness and lead us to a fulfilling and purposeful life.

### **DAY 3**

*“The old error has gone away. You will serve peace: peace, for we have hoped in you. You have trusted in the Lord for all eternity, in the Lord God almighty forever.” (Isaiah 26:3-4)*

This passage is a reminder of the importance of trusting in God and relying on Him for our peace and security. It promises that those who trust in the Lord with steadfast minds will experience perfect peace, which is a state of tranquillity and contentment that transcends understanding.

The passage brings our attention to the eternal nature of God as the Rock, a symbol of strength and stability. It reminds us that God is unchanging and dependable, and we can trust in Him forever.

These two verses can serve as a call to trust in God and to seek peace and security in Him. It is a reminder that when we place our faith in God and rely on Him, we will experience a deep sense of peace and stability that cannot be shaken by the trials and challenges of life.

## DAY 4

*“Blessed is the man who trusts in the Lord, for the Lord will be his confidence. And he will be like a tree planted beside waters, which sends out its roots to moist soil. And it will not fear when the heat arrives. And its leaves will be green. And in the time of drought, it will not be anxious, nor will it cease at any time to bear fruit.” (Jeremiah 17:7-8)*

We have in these verses a beautiful illustration of the blessings that come from trusting in Yahweh. It compares the person who trusts in the Lord to a tree planted by the water, which is well-nourished and always fruitful.

The passage teaches that those who trust in God will have unshakable confidence in Him, which will enable them to weather any adversity that comes their way. They will be like the tree that is firmly rooted by the stream and is able to withstand the heat and drought because it has a constant supply of water. In the same way, those who trust in the Lord will be sustained by His strength and provision.

The passage also says that those who trust in the Lord will never fail to bear fruit. This means that they will live a fruitful and productive life, bearing good works and serving others in love. This passage is a beautiful and encouraging reminder of the blessings that come from trusting in God. It is an invitation to place our confidence in Him and to draw from His strength and provision so that we may live fruitful and productive lives that glorify Him.

## DAY 5

*“From the height of the day, I will be afraid. But truly, I will hope in you.” (Psalm 55:4; 56:4 in others)*

This passage expresses the psalmist’s unwavering trust and confidence in God. The phrase “I will be afraid” is a powerful declaration of faith that speaks to his deep conviction that God is in control and will protect and guide him.

The psalmist’s trust in God is grounded in the praise of His word. This means that the author finds strength and assurance in the promises and teachings of God’s word, and he acknowledges God’s faithfulness to keep His word.

Just like the writer, we should not be afraid of the threats and attacks of other human beings, because we trust in God’s protection and provision. We must recognise that no matter what happens, God is ultimately in control, and we can find comfort and security in this truth.

This verse is a powerful statement of faith and trust in God. It reminds us that when we place our trust in the Lord and find strength in His word, we can face any challenge or difficulty with confidence and courage, knowing that He is with us and will never leave us.

## DAY 6

*“He will say to the Lord, You are my supporter and my refuge. My God, I will hope in him.”*

*(Psalm 90:2; 91:2 in others)*

This passage is a declaration of the psalmist’s trust in God as his protector and provider. The psalmist declares that God is his refuge and fortress, which means that he finds safety and security in Him. The imagery of a fortress suggests a place of strength and protection, where the Psalmist is shielded from danger and harm.

The phrase “my God, I will hope in him” emphasises the psalmist’s unwavering faith in God. He acknowledges God as his personal God, who he trusts to provide for his every need and protect him from harm.

This verse is a powerful statement of trust and faith in God. It reminds us that when we place our trust in God and make Him our refuge and fortress, we can face any challenge or difficulty with confidence, knowing that He is with us and will never leave us.



## **DAY 7**

*“Every word of God is fire-tested. He is a bronze shield to those who hope in him.” (Proverbs 30:5)*

This passage points to the trustworthiness of God’s word and the protection that comes from seeking refuge in Him. The phrase “every word of God is fire-tested” means that God’s word is perfect and without error. It is a reminder that we can trust in God’s promises and teachings because they are true and reliable.

The second part of the passage states that God is a shield to those who take refuge in Him. This means that God is our protector and defender when we put our faith in Him. Just as a shield protects a warrior in battle, God protects us from harm and danger when we seek refuge in Him.

This verse also reminds us of the trustworthiness of God’s word and the protection that comes from placing our faith in Him. It encourages us to seek refuge in God and to trust in His word, knowing that He is a faithful and reliable shield for those who rely on Him.

## **DAY 8**

*“The Lord is good, and a comforter in the day of tribulation, and he knows those who hope in him.” (Nahum 1:7)*

This passage emphasises God’s goodness, His role as a refuge in times of trouble, and His care for those who trust in Him. The phrase “the Lord is good” is a powerful statement of God’s character, which means that He is kind, loving, and merciful towards His people. It is a reminder that no matter what happens in our lives, we can always trust in God’s goodness and know that He has our best interests at heart.

The phrase “a comforter in the day of tribulation” lets us know about God’s role as a place of safety and protection for His people. When we face difficult situations, we can turn to God for comfort and security, knowing that He will provide for our needs and guide us through the storm. The phrase “He knows those who hope in Him” underscores the importance of trust and faith in God. When we put our faith in God and trust in His goodness and care for us, we can experience His love and provision in our lives. This is a reminder that God is not distant or detached from our lives, but rather, He is intimately involved in every aspect of our lives and deeply cares for us. What a beautiful reminder of God’s goodness, His role as our refuge in times of trouble, and His care for those who trust in Him! This verse encourages us to put our faith in God and to trust in His goodness and provision for our lives.

## DAY 9

“So may the God of hope fill you with every joy and with peace in believing, so that you may abound in hope and in the virtue of the Holy Spirit.” (Romans 15:13)

This passage is a prayer of blessing and encouragement for believers, emphasising God’s role as the source of hope, joy, and peace. The phrase “the God of hope” acknowledges that God is the ultimate source of hope for believers. This means that no matter what challenges we face in life, we can find hope and strength in God’s promises and faithfulness.

The phrase “fill you with every joy and with peace” speaks to the transformative power of God’s presence in our lives. When we trust in God and surrender to His will, He can fill us with a deep sense of joy and peace that transcends our circumstances. The phrase “so that you may abound in hope” calls attention to the transformative effect of God’s Presence in our lives. When we experience God’s love and provision, we can not help but be filled with hope and optimism for the future. The phrase “in the virtue of the Holy Spirit” underscores the importance of the Holy Spirit in our lives. The Holy Spirit empowers us to trust in God, experience His presence, and live in accordance with His Will.

This is a persuasive verse that reminds us of God’s love, provision, and transformative power in our lives. It encourages us to trust in God and surrender to His Will, knowing that He will fill us with joy, peace, and hope through the power of the Holy Spirit.

## DAY 10

“Let your behaviour be without avarice; be content with what you are offered. For he himself has said, I will not abandon you, and I will not neglect you. So then, we may confidently say, The Lord is my helper. I will not fear what man can do to me.” (Hebrews 13:5-6)

This passage highlights the importance of trusting in God rather than in worldly possessions, and it assures believers of God’s constant presence and help in their lives. The phrase “let your behaviour be without avarice (keep your lives free from the love of money)” warns against the danger of becoming too attached to material possessions, which can lead to greed, selfishness, and a lack of trust in God.

The phrase “be content with what you are offered” points out the importance of gratitude and trust in God’s provision. When we are content with what we have, we are less likely to be consumed by worry and anxiety about the future. The phrase “I will not abandon you, and I will not neglect you” is a promise from our Lord, assuring believers of His constant presence and faithfulness. This means that no matter what challenges we face in life, we can trust in God’s Presence and provision. The phrase “the Lord is my helper. I will not fear what man can do to me” stresses the importance of trust in God’s help and protection. When we put our faith in God, we can face any challenge or opposition with confidence, knowing that God is on our side.

This is yet another compelling reminder of the importance of trust in God’s provision and protection, and the danger of becoming too attached to worldly possessions. It encourages believers to put their faith in God and to trust in His constant presence and faithfulness.

## QUESTIONS TO ASK YOURSELF

1. In what ways might relying on our own understanding limit our ability to navigate life's challenges?
2. How can we commit our ways to the Lord and trust in Him, even when we may not fully understand His plans for our lives?
3. What are some practical ways we can focus our minds on God and cultivate a sense of calm and stability in the midst of uncertainty?
4. How can following God's ways and trusting in Him help us to be sustained and fruitful, even in difficult times?
5. What are some other passages in the Bible that affirm the importance of trust and faith in God, and how can these verses be applied to our lives today?
6. How does trusting in God help us to overcome fear and anxiety?
7. What are some practical steps we can take to deepen our trust in God?
8. How can we distinguish between trusting in God and simply relying on our own abilities or external circumstances?
9. How does trusting in God impact our relationships with others and our ability to love and serve those around us?
10. What are some examples from the Bible or from your own life where trusting in God has led to unexpected blessings or outcomes?

